# Marco Polo

# Global Restaurant



# Gluten Free Dinner Menu

- INGREDIENTS CONTAINS NO GLUTEN, WHEAT, SOY SAUCE OR OYSTER SAUCE
- SOME ENTREES MAY CONTAIN <u>DAIRY PRODUCTS</u> OR <u>EGGS</u>
- ALL KITCHEN UTENSILS ARE CAREFULLY CLEANED BETWEEN ORDERS TO MEET DIETARY NEEDS
- ALL DISHES INDIVIDUALLY PREPARED WITH CLEAN OIL AND WATER TO ENSURE COMPLIANCE WITH DIETARY REGIMENS
- SPECIAL DIETARY REQUESTS ARE WELCOME, ASK YOUR SERVER FOR MORE OPTIONS
- PLEASE REMEMBER: FORTUNE COOKIES CONTAINS WHEAT

17% Gratuity Added to Party of 10 or More

# **APPETIZERS**

# PESTO & CREAM CHEESE FILLED MUSHROOMS (BAKED)

\$5.95

Mushrooms Stuffed with Sundried Tomatoes, Cream Cheese, & Pesto. Topped with Parmesan Cheese

# **SALADS**

FRESH VEGETABLE SALAD	\$4.95
HIGH PROTEIN WARM RICE & NUT SALAD Brown, Red & Black Rice Mixed Together with Cranberries, Walnuts, Pinenuts, Peaches Cucumbers, Kidney Beans & Olives. Topped with Spring Mix Dressed in Light Lemon White Wine Vinegar & Olive Oil	\$7.95
HOUSE PESTO SALAD WITH WALNUT & PINENUTS Fresh Mixed Greens, Peaches & Nuts. Tossed with our Homemade Pesto Dressing	\$6.95
VEGGIE LOVERS	
SOUPS	
VEGETABLE SOUP WITH TOFU & MUSHROOM Tofu, Mushrooms, Seasonal Vegetables, Vegetable Broth	\$9.95
VEGGIE HOT & SOUR SOUP * Tofu, Carrots, Chinese Mushrooms, Chili & Vegetable Broth	\$9.95
VEGETARIAN ENTREES	
(SERVED W/ RICE) (* SPICY)	
BROCCOLI TOFU Steamed Tofu with Broccoli, Carrots, Onions & Mushrooms	\$10.95
GARLIC BROCCOLI Stir Fried Broccoli with Carrots & Onions in a Garlic Sauce	\$9.95
GARLIC CHILI TOFU* Steamed Tofu with Peppers in a Garlic Chili Sauce. Served with a Side of Broccoli	\$10.95
GARLIC MIXED VEGETABLES & MUSHROOMS Stir Fried Mixed Vegetables with Mushrooms, Carrots, Onions & Garlic	\$10.95
GARLIC GREEN BEANS WITH MUSHROOMS Stir Fried Green Beans with Carrots, Onions & Mushrooms	\$10.95
HOUSE VEGGIE DELIGHT WITH TOFU Steamed Tofu Mixed with Carrots, Mushrooms, Seasonal Vegetables & Portobello Mushroom	\$10.95
<b>KUNG PAO TOFU*</b> Steamed Tofu sautéed with Mushrooms, Peppers, Carrots, Celery, Chili & Onions In our Homemade GF Spicy, Sweet & Sour Tamari Sauce	\$11.50
STEAMED TOFU Choice of Hot & Sour, Lemon, Orange, or Sweet & Sour Sauce	\$10.95

### **EUROPEAN VEGETARIAN ENTREES**

## (SERVED W/SALAD) (\* SPICY)

## PASTA PRIMAVERA (VG)

\$12.95

Mushrooms, Zucchini, Celery, Onion, Tomatoes, Carrots, Peppers, Cauliflower and Broccoli sautéed with Gluten Free Quinoa Pasta in a Pesto Cream Sauce.

Garnished with Parmesan Cheese

# SPICY SWEET CHIPOTLE TOFU\* (V)

\$12.95

Steamed Tofu with Zucchini, Onions, Peppers, Mushrooms, and Broccoli sautéed in a Spicy and Sweet Chipotle Sauce. Served with our House Purple Rice

# MEAT LOVERS (EUROPEAN - AMERICAN)

#### **ENTREES**

(SERVED W/ RICE OR POTATOES & FRESH VEGETABLES) (CHOICE OF SOUP OR SALAD)

#### CREAMY SMOKED SALMON BROCCOLI BAKED

\$16.95

Baked with Potatoes, Bell Peppers, Capper, Broccoli in Cream Sauce

#### PASTA PRIMAVERA WITH CHICKEN

\$13.95

Tender Chicken Breast. Mushrooms, Zucchini, Celery, Onion, Tomatoes, Carrots, Peppers, Cauliflower and Broccoli sautéed with Gluten Free Quinoa Pasta in a Pesto Cream Sauce. Garnished with Parmesan Cheese

PRAWN SCAMPI \$15.95

Sautéed Prawns with Tomatoes, Green Onions, Olives in Garlic Pesto Butter Lemon Wine Sauce Served with Marco Polo Red Rice & Sautéed Vegetables

#### RASPBERRY PISTACHIO CHICKEN

\$14.95

Tender Chicken Breast Pressed in Crushed Pistachio's then Seared. Finished with Our Raspberry Sauce. Served with Sautéed Vegetables

#### SALMON SALMORIGLIO (SICILIAN STYLE)

\$15.95

Fresh Northwest Salmon, Charbroiled Basted with Lemon, Olive Oil and Pesto in the Northern Sicilian Fashion Served Alongside Sautéed Vegetables

#### **SMOKED SALMON PICCOTA**

\$16.95

Gluten Free Quinoa Pasta tossed with Smoked Salmon, Tomatoes, and Green Onions in a Piccota Caper Mushroom Sauce. Garnished with Parmesan Cheese

# **MEAT LOVERS (CHINESE)**

SOUP	
HOT & SOUR SOUP * Shrimp, Chicken, Eggs, Tofu, Chinese Mushrooms & Chicken Broth	\$9.95
SEAFOOD WITH TOFU SOUP Shrimp, Salmon, Scallop, Tofu, Egg White & Chicken Broth	\$10.95
(BEEF OR CHICKEN) RICE VERMICELLI NOODLE SOUP	\$9.95
NOODLES	
<b>SINGAPORE CURRY RICE VERMICELLI WITH CHICKEN *</b> Stir Fried Rice Noodle with Chicken, Carrots, Onions, Bean Sprouts, Peppers, Mushrooms & Eggs with Curry Powder	\$10.50
<b>SINGAPORE CURRY RICE VERMICELLI WITH SHRIMP *</b> Stir Fried Rice Noodle with Shrimp, Carrots, Onions, Bean Sprouts, Peppers, Mushrooms & Eggs with Curry Powder	\$11.50
WIDE NOODLE WITH (BEEF OR CHICKEN) Stir Fried with Bok Choy, Onions, Carrots, Bean Sprouts & Egg in GF Tamari Sauce	\$10.95
WIDE NOODLE WITH SHRIMP Stir Fried with Bok Choy, Onions, Carrots, Bean Sprouts & Egg in GF Tamari Sauce	\$11.95
ENTREES WITH CHICKEN	
(SERVED W/ RICE) (* SPICY)	
<b>ALMOND CHICKEN</b> Stir Fried Diced Chicken Breast with Mushrooms, Carrots, Onions, Celery & Seasonal Vegetables Topped with Almonds	\$11.50
BROCCOLI CHICKEN Stir Fried Chicken Breast with Broccoli, Carrots, Onions & Mushrooms	\$11.50
KUNG PAO CHICKEN * Sautéed with Mushrooms, Peppers, Carrots, Celery, Chili & Onions In our Homemade GF Spicy, Sweet & Sour Tamari Sauce. Topped with Peanuts	\$11.95
<b>KUNG PAO SHRIMP *</b> Sautéed with Mushrooms, Peppers, Carrots, Celery, Chili & Onions In our Homemade GF Spicy, Sweet & Sour Tamari Sauce. Topped with Peanuts	\$12.95
MONGOLIAN CHICKEN * Stir Fried Chicken Breast with Peppers, Carrots, and Onions Over a Bed of Deep Fried Rice Vermicelli Noodle	\$11.50
SAUTÉED CHICKEN BREAST Choice of Hot & Sour, Sweet & Sour, Lemon or Ginger Orange Sauce	\$11.50
<b>SZECHUAN STYLE CHICKEN *</b> Stir Fried Chicken with Onions, Peppers, Carrots & Mushrooms. Served Alongside with Broccoli	\$11.50

# **ENTREES WITH BEEF**

ENTREES WITH BEEF	
(SERVED W/ RICE) (* SPICY)	
BROCCOLI BEEF Stir Fried Beef with Broccoli, Carrots, Onions & Mushrooms	\$11.95
GARLIC GREEN BEAN WITH BEEF Stir Fried Beef & Green Beans with Carrots & Onions in a Garlic Sauce	\$11.95
MIXED VEGETABLES & MUSHROOMS WITH BEEF IN GARLIC SAUCE Stir Fried Beef with Seasonal Vegetables, Broccoli, Mushrooms, Carrots, Onions & Peppers in Garlic Sauce	\$11.95
MONGOLIAN BEEF * Stir Fried Beef with Peppers, Carrots, and Onions. Over a Bed of Deep Fried Rice Vermicelli No	<b>\$11.95</b> odle
<b>SZECHUAN STYLE BEEF *</b> Stir Fried Beef with Onions, Peppers, Carrots & Mushrooms. Served Alongside with Broccoli	\$11.95
ENTREES WITH SEAFOOD	
(SERVED W/ RICE) (* SPICY)	
ALMOND CHICKEN WITH SHRIMP Stir Fried Diced Chicken Breast & Shrimps with Onions, Mushrooms, Carrots, Celery & Seasonal Vegetables. Topped with Almonds	\$12.50
GARLIC MIXED VEGETABLES & MUSHROOMS WITH SHRIMP Stir Fried Mixed Vegetables with Shrimps, Mushrooms, Carrots, Onions & Garlic	\$12.50
GRILLED SALMON WITH (HOT & SOUR OR GARLIC SAUCE) Stir Fried Peppers, Onions, Carrots & Broccoli Over the Top of a Fillet of Grilled Salmon. Served with a Side of Fresh Vegetables	\$14.95
GARLIC CHILI PRAWN * Sautéed Prawns with Peppers in a Garlic Chili Sauce. Served with a Side of Broccoli	\$13.95
GARLIC CHILI SCALLOP * Sautéed Jumbo Scallops with Peppers in a Garlic Chili Sauce. Served with a Side of Broccoli	\$16.95
SALT & PEPPER PRAWN * Deep Fry Prawns Coated with Egg White & Corn Starch Mixed with Onions and Peppers	\$15.95
SAUTÉED HALIBUT WITH SEASONAL VEGETABLES	\$17.95
SEAFOOD & CHICKEN COMBO Stir Fried Scallops, Shrimps, Salmon & Chicken with Seasonal Vegetables. Topped with Cashew Nuts	\$15.95
<b>SWEET &amp; SOUR SALMON</b> Grilled Salmon with Sautéed Peppers, Onions, Tomatoes, Mushrooms, Pineapples & Peaches in Sweet & Sour Sauce	\$14.95
<b>SWEET &amp; SOUR SHRIMP</b> Sautéed Shrimp Tossed with Peppers, Onions, Tomatoes, Mushrooms, Pineapples & Peaches in Sweet & Sour Sauce	\$12.50